

CONTENTS

Foreword	1
1 Introduction - background, concept, and structure of this book	3
1.1. The background and concept of this book	4
1.2. The structure of this book.....	6
1.3. Links in this book and in the “book section” on the VISIONARY site... 8	
2 Supporting violence prevention in school using the Internet	9
2.1. A brief introduction to information and communication on the Internet	10
2.1.1. The Internet.....	10
2.1.2. Information on the Internet: Some basic search strategies	11
2.1.2.1. Metadata	11
2.1.2.2. Search strategies	11
2.1.3. Communication channels on the Internet	12
2.2. Online communities.....	13
2.3. Violence prevention using the Internet: The VISIONARY project.....	14
2.3.1. The background to the VISIONARY project.....	15
2.3.2. The aims of the VISIONARY project.....	16
2.3.3. The VISIONARY Internet portal	16
2.3.3.1. Background	17
2.3.3.2. News	17
2.3.3.3. Link collection.....	18
2.3.3.4. Discussion forum.....	19
2.3.3.5. The VISIONARY book.....	19
2.3.3.6. Other sections of the website.....	19
2.4. References	20
3 Violence in school	21
3.1. Definitions.....	22
3.1.1. Germany.....	22
3.1.2. UK	23
3.1.3. Portugal	24
3.1.4. Finland.....	25
3.1.5. Denmark.....	25
3.1.6. Conclusion: An international perspective	26
3.2. Prevalence	27
3.2.1. Germany.....	27
3.2.2. UK	28
3.2.3. Portugal	29
3.2.4. Finland.....	30
3.2.5. Denmark.....	31
3.2.6. Conclusion: Similarities in terms of prevalence	32
3.3. Sources	33

3.3.1.	Germany	33
3.3.2.	UK	34
3.3.3.	Portugal.....	34
3.3.4.	Finland	35
3.3.5.	Denmark.....	36
3.3.6.	Conclusion: Sources of violence in school	36
3.4.	Summary and conclusions.....	37
4	Violence prevention in school	43
4.1.	Introduction	44
4.2.	Primary prevention.....	45
4.2.1.	Preventive action in the classroom by teachers	46
4.2.2.	Whole school preventive action	47
4.3.	Secondary prevention	50
4.3.1.	Teachers' attitudes towards violence.....	50
4.3.2.	Initiatives taken by and in the school.....	52
4.4.	Tertiary prevention	53
4.5.	Conclusion	54
5	Activities for violence prevention in school.....	59
5.1.	Introduction	60
5.2.	Initiatives in school.....	61
5.2.1.	Measures to enhance the school climate	61
5.2.2.	Mediation and conflict resolution.....	62
5.2.3.	Monitoring and supervision	64
5.2.4.	Networking	65
5.2.5.	Rules and sanctions.....	67
5.2.6.	Suggestions for bullies.....	69
5.2.7.	Suggestions for pupils in a risk group.....	72
5.2.8.	Suggestions for victims of violence.....	73
5.2.9.	Surveys	75
5.2.10.	Whole school projects.....	77
5.3.	Suggestions for teachers	79
5.3.1.	Communication channels and online sources of information	79
5.3.2.	Courses and training.....	80
5.3.3.	Help and advice for teachers	83
5.3.4.	Lesson plans and teaching concepts.....	84
5.3.5.	Literature and materials for teachers	85
5.4.	Suggestions for pupils.....	86
5.4.1.	Courses and training for pupils	86
5.4.2.	Help and advice	87
5.4.3.	Literature and materials	88
5.4.4.	Communication channels and online sources of information for pupils.....	89
5.5.	Suggestion for parents.....	90
5.5.1.	Help and advice	90
5.5.2.	Courses and training for parents.....	92

5.6.	Organisations, community programmes, experts etc.	93
5.6.1.	Integrated approaches	93
5.6.2.	Community programs	94
5.6.3.	Organisations, associations, charities etc.	95
5.7.	Interaction, communication and information	97
5.7.1.	Games	97
6	Violence prevention in school: Initiatives and Internet resources in Denmark	103
6.1.	The Danish school system	104
6.2.	Crime prevention in Denmark	105
6.2.1.	The Crime Prevention Council (CPC)	105
6.2.2.	School, Social Services and Police (SSP)	105
6.3.	Selected websites and projects from Denmark	106
6.3.1.	Anti-bullying policies	106
6.3.1.1.	The anti-bullying policy of the Herningvejs school	106
6.3.1.2.	The bullying policy at the Vejlbyskolen	107
6.3.2.	Online advice channels for children	108
6.3.2.1.	Bullying - children and youth counselling in Vanløse	108
6.3.2.2.	Help line (Børnetelefonen på nettet)	109
6.3.3.	Children taking part in the democratic process	109
6.3.3.1.	Pupils' councils	109
6.3.3.2.	Engagement of pupils in sharing experiences, discussions and producing newsletters and web pages	110
6.3.4.	School climate	111
6.3.4.1.	Danish Centre for the Educational Environment (Dansk Center for Undervisningsmiljø, DCUM)	111
6.3.5.	Parents taking the initiative	111
6.3.5.1.	Night Owls	111
6.4.	Trends	113
6.4.1.	Community projects	113
6.4.1.1.	Integration project in Inner Nørrebro (Integrationsprojekt på Indre Nørrebro)	113
6.4.2.	Policies	114
6.4.2.1.	A School in Movement	114
6.4.2.2.	Establishing conflict resolution councils	116
7	Violence prevention in school: Initiatives and Internet resources in Finland	119
7.1.	Violence prevention in Finland: A general introduction	120
7.2.	Violence prevention in school: Finnish resources in the Internet	122
7.2.1.	Overview	122
7.2.2.	Content of the main categories of the VISIONARY link collection	123
7.2.3.	Selected websites from Finland	125
7.2.3.1.	Connect fi-006 - Mental health promotion of children and young people and combating violent behaviour of girls and boys	125
7.2.3.2.	The Steps of Responsibility (Vastuunportaat)	126

7.2.3.3.	Kiusattujen tuki Ry (Support for the bullied registered association)	127
7.2.3.4.	Meidän Jykä (Our Jykä)	128
7.2.3.5.	Helppimesta (Help-place)	130
7.2.3.6.	Koulutie-lehti (Schoolway magazine)	131
7.2.3.7.	Aseman lapset ry (Children of the Station registered Association)	132
7.2.3.8.	Mannerheimin lastensuojeluliitto (The Mannerheim League for Child Welfare)	133
7.3.	References	134
8	Violence prevention in school: Initiatives and Internet resources in Germany	135
8.1.	Violence prevention in Germany: A general introduction	136
8.2.	Violence prevention in school: German resources on the Internet	140
8.2.1.	Portals, campaigns, initiatives and organizations	140
8.2.2.	Selected projects and websites from Germany	142
8.2.2.1.	FAUSTLOS	142
8.2.2.2.	Prevention in Schools in a Team (PIT)	144
8.2.2.3.	The Constance Training Model	145
8.2.2.4.	Crime prevention councils in Germany	146
8.2.2.5.	Peace to the City: Braunschweig	147
8.2.2.6.	Who, if not us?	149
8.2.2.7.	"Leave Me Alone!" - a multimedia project	150
8.2.2.8.	Cinema against violence	151
8.2.2.9.	Internet emergency call Germany	152
8.2.2.10.	Infopool of the BKA	152
8.3.	References	153
9	Violence prevention in school: Initiatives and Internet resources in Portugal	155
9.1.	Violence in school - background information	156
9.2.	Violence prevention in Portugal: A general introduction	157
9.3.	Violence prevention in school: Resources on the Internet	160
9.3.1.	Initiatives in school	161
9.3.1.1.	Measures to enhance the school climate	161
9.3.1.2.	Mediation and conflict resolution	162
9.3.1.3.	Whole school projects	163
9.3.2.	Community programs	165
9.4.	References	167
10	Online communication and communities addressing bullying: A UK perspective	169
10.1.	Violence prevention and bullying in UK schools: A general introduction	170
10.1.1.	Introduction	170
10.1.2.	Preventing physical violence	170
10.1.2.1.	Preventative strategies	171
10.1.3.	Preventing bullying	172

10.1.3.1. Preventative strategies.....	172
10.2. Violence prevention in schools: UK resources on the Internet	172
10.2.1. The Internet's role in bullying and violence prevention in UK schools	172
10.2.2. Supporting communication about bullying prevention online.....	173
10.2.3. Developing online communities and communication concerned with bullying.....	173
10.2.3.1. ChildLine	175
10.2.3.2. Kidscape.....	176
10.2.3.3. Bullying Online	177
10.3. Selected websites and projects from the UK	177
10.3.1. Anti-bullying policies.....	177
10.3.2. Peer support.....	178
10.3.3. The no blame approach	180
10.3.4. The whole school approach	181
10.3.5. Training & mentoring.....	181
10.3.6. Evaluating interventions	182
10.4. The future	183
10.5. References	184